Through vital community partnerships like the Health & Hunger Taskforce, the link between obesity and hunger becomes apparent.

- Healthcare costs related to hunger nationwide are $130.5 BILLION annually.
- The annual cost of hunger to every U.S. citizen is on pace to amount to roughly $42,400 PER CITIZEN over a lifetime.

**LASTING IMPACTS**

- 53% of households have a member with high blood pressure
- 27% of households have a member with diabetes
- 51% of households have unpaid medical bills

**CYCLE OF FOOD INSECURITY & CHRONIC DISEASE**

A Conceptual Framework: Cycle of Food Insecurity & Chronic Disease

**HUNGER IS A HEALTH ISSUE, AND FOOD IS THE BEST MEDICINE**

Cost of a Health Care Visit for Low Blood Sugar vs. Food

- **Outpatient Visit**: $394
- **Monthly Food Cost (Family of 4)**: $657*
- **Emergency Visit**: $1,387
- **Inpatient Admission**: $17,564

*Thrifty food plan.
1 in 6 CENTRAL FLORIDANS ARE STRUGGLING WITH THE REALITY OF HUNGER AND FOOD INSECURITY

74% OF HOUSEHOLDS RECEIVING FOOD FROM SECOND HARVEST LIVE IN POVERTY
50% EXHAUST SNAP BENEFITS IN TWO WEEKS
60% OF HOUSEHOLDS WERE EMPLOYED IN THE PAST YEAR

MAKING TOUGH CHOICES

70% HAD TO CHOOSE BETWEEN FOOD AND MEDICINE OR MEDICAL CARE

MAKING ENDS MEET IN ORDER TO EAT

74% PURCHASE INEXPENSIVE, UNHEALTHY FOOD
59% CONSUME FOOD PAST EXPIRATION
38% SELL OR PAWN PERSONAL PROPERTY
16% GROW FOOD IN A GARDEN
51% RECEIVE HELP FROM FRIENDS OR FAMILY
45% WATER DOWN FOOD OR DRINKS

To learn more please visit www.feedhopenow.org/health